

Claire Donaldson

Holistic Healing Price List (2024 – Current)

Holistic Reflexology

Sessions are an hour long. An initial Assessment is taken at the first session. Reflexology works best over a course of treatment, and I recommend initially 6 sessions, as this is enough to raise energy levels and give a physical re-boot.

Sessions: £35

Crystal Healing

Crystals may be used as part of reflexology treatment, when appropriate. To receive a crystal healing programme, a client would need to have been attending for reflexology first. An appropriate crystal healing programme would then be selected to enhance healing, help with clearing, illness, conditions etc.

A typical crystal programme lasts 6 weeks and includes crystal configurations and reflexology.

Sessions £35

AromaTouch Massage

Sessions are an hour long. An initial chat will precede the session. Please note this is an aromatic essential oil experience using massage techniques. It is designed for wellbeing and relaxation.

Single sessions: £40

Children's Reflexology and Holistic Therapy Sessions

Sessions are 30 minutes and include reflexology work along with other therapeutic practices and techniques, such as creative art, storytelling, and alignment practice.

Single sessions: £20

